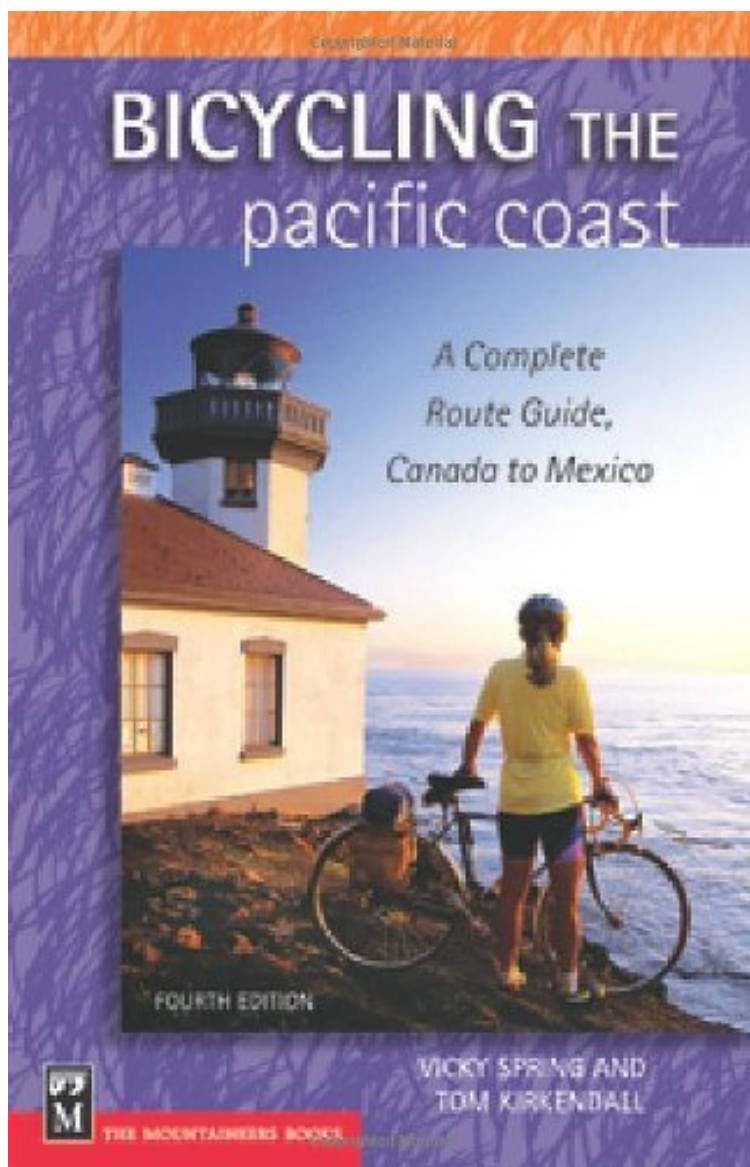


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# Bicycling The Pacific Coast



Par Vicky Spring, Tom Kirkendall  
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## Description :

Prsentation de l'diteurMore than a meticulously detailed route, this is an adventure highlighting what to see and explore along the way. \*Bike the coast in one trip or four separate adventures \*Road directions, points of interest, and available restrooms and provisions all built into daily mileage logs \*Elevation profiles and new Table of Essentials overview for each day's ride \*More than 50,000 copies sold in previous editions

From Vancouver, B.C. to the Mexican border, Tom Kirkendall and Vicky Spring guide you turn by turn along the length of Pacific Coast Bicycle Route-all 1816.5 miles. These forty-two suggested daily itineraries (averaging 53 miles each) begin and end at campsites. Everything you need to know about each day's ride is included: from tunnel- riding strategies to where to buy a new derailer, from one-of-a-kind museums along

the way to side trips to lonely lighthouses and towering sand dunes. New to this edition is a quick-glance Table of Essentials for each daily itinerary, listing availability of bike shops, beach access, hiking trails, youth hostels, and activities. Presentation de l'diteur More than a meticulously detailed route, this is an adventure highlighting what to see and explore along the way. \*Bike the coast in one trip or four separate adventures \*Road directions, points of interest, and available restrooms and provisions all built into daily mileage logs \*Elevation profiles and new Table of Essentials overview for each day's ride \*More than 50,000 copies sold in previous editions From Vancouver, B.C. to the Mexican border, Tom Kirkendall and Vicky Spring guide you turn by turn along the length of Pacific Coast Bicycle Route-all 1816.5 miles. These forty-two suggested daily itineraries (averaging 53 miles each) begin and end at campsites. Everything you need to know about each day's ride is included: from tunnel- riding strategies to where to buy a new derailleur, from one-of-a-kind museums along the way to side trips to lonely lighthouses and towering sand dunes. New to this edition is a quick-glance Table of Essentials for each daily itinerary, listing availability of bike shops, beach access, hiking trails, youth hostels, and activities.